

# **SPST**

**Monday June 8<sup>th</sup> 6:15pm Time Trials**

**(Practice swim meet)**

- **We are having a practice swim meet for all SPST swimmers. NO other teams will be present.**
- **This is an opportunity for all swimmers and their parents to see how a swim meet is run.**
- **This is also a time for swimmers who do not have “times” to get their first times.**
- **Parents get a chance to see how a swim meet runs and learn about all the different volunteer positions.**
- **Coaches will have a list of what each swimmer will be swimming on Sunday June 7<sup>th</sup>.**
- **All swimmers; especially those who have not participated in a meet before are expected to attend.**

**If you have any other questions please see a board member. We'll be happy to help you out any way we can!**

**Thank you**

**Lisa Stevens**